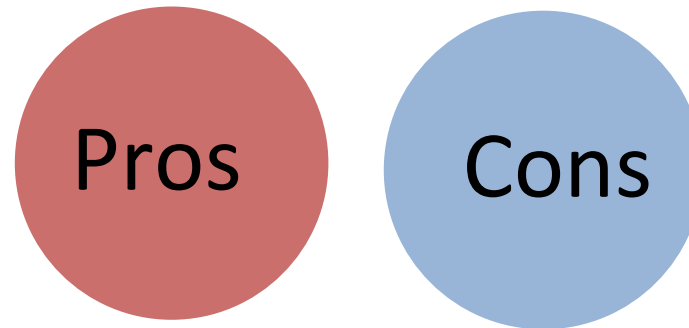


Models of Care: Private Sector

Dr Sally Cubbin, Consultant Psychiatrist
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ADHD in the private sector



Advantages of ADHD provision in the private sector

- Appointments available faster
- Choice of location, doctor and can see a consultant
- Control of follow up frequency
- Greater continuity of care - affects trust and therapeutic relationship
- Co-morbidity may be treated by the same doctor, unlike a specialist service
- Insurer may fund an assessment (but may exclude funding for follow up)
- Telephone and Skype follow up possible

Advantages of ADHD provision in the private sector

- May be possible without a GP referral
- May be less burden on GP as follow up appointments more available
- Direct prescribing possible with a private CD license and pad – more freedom and quicker titration
- GPs may prescribe without an NHS referral
- Shared care also common with primary care prescribing
- Access to psychological treatments for ADHD – CBT may be available – can check www.babcp.com
- Coaching is available and may be excellent – but is unregulated

Disadvantages of the private sector

- Cost
- May be a lack of background information from the GP if seen without a referral
- Ongoing direct prescribing may pose issues in terms of high cost and a lack of convenience
- The prescribing formulary may not include some drugs such as Elvanse
- The willingness of primary care to enter into a shared care agreement for prescribing may be limited
- Funds for ongoing care may be limited
- Insurers may fund an assessment but will often decline follow up, sometimes even for co-morbidity

ADHD in the private sector

Thank you

sallycubbin@gmail.com

sally.cubbin@nhs.net